

# Stay OK in the community

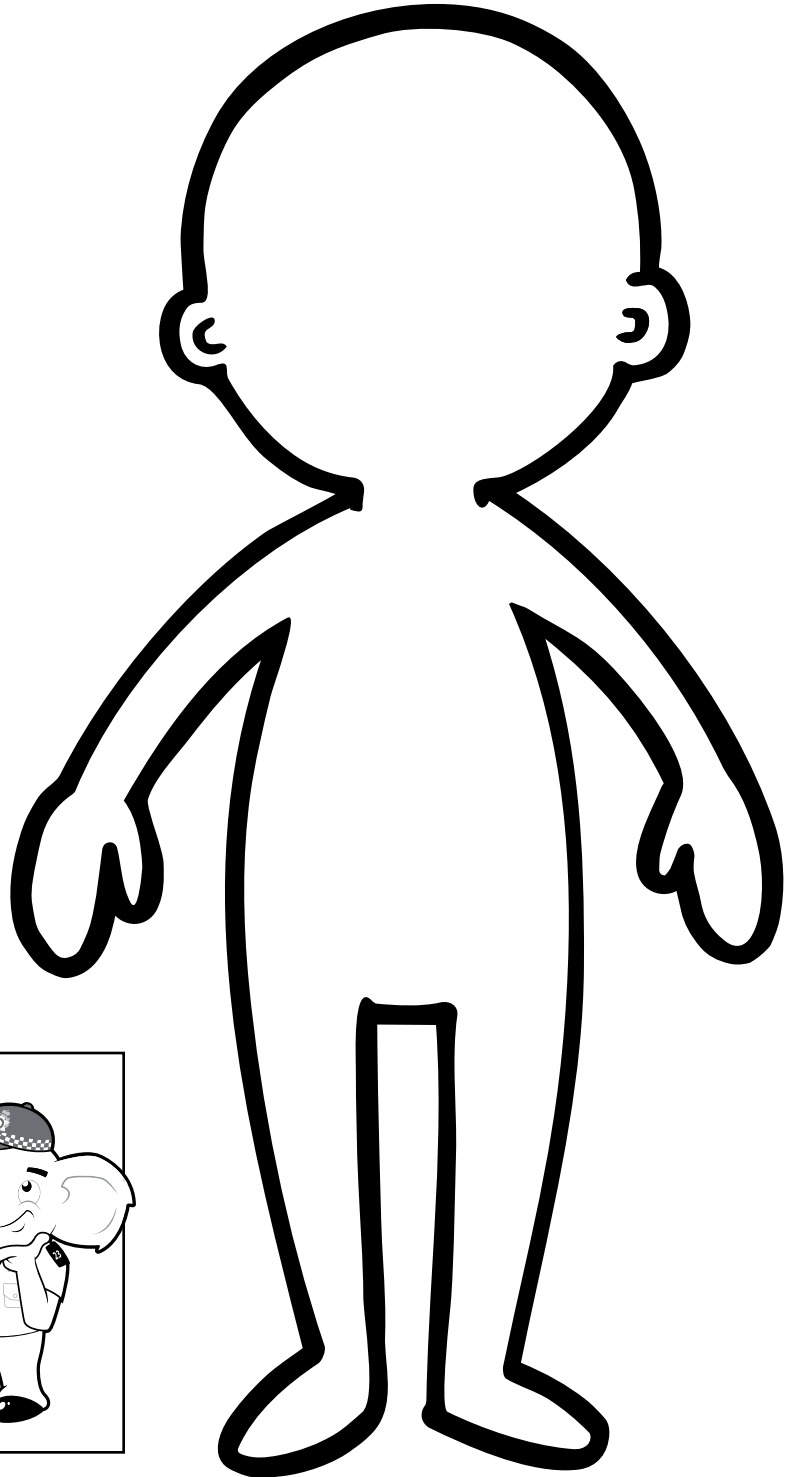


## Early warning signs

Name: \_\_\_\_\_

When we feel unsafe or uncomfortable around someone, we often get early warning signs. We shouldn't ignore these signs.

What are the early warning signs that you get when you are feeling unsafe around someone that you **DON'T** know? Draw or write them on the body outline.



Can we get these early warning signs when we are around someone we **DO** know?

Yes

No



# Stay OK in the community



When you feel unsafe or uncomfortable you should ask someone for help.

List some people that you <b>DO</b> know that you could ask for help.	List some people that you <b>DON'T</b> know that you could ask for help.

Remember it's not always someone you have met before that can help you.

