



Stay OK for life

Quiz (Years 5 - 6)

1. Making decisions is:
☐ a) Sometimes easy, sometimes hard
☐ b) Always easy
☐ c) Always hard
2. How often do we make decisions?
☐ a) Every month
☐ b) Every day
☐ c) Every other week
3. Making poor/wrong decisions when we are older:
☐ a) May lead to a criminal record
☐ b) Provides many job opportunities
☐ c) Doesn't do anything. You can do whatever you want when you're an adult
4. What should you do if your friend tells you to do something you don't feel comfortable with?
☐ a) Do it, your friend knows best
☐ b) Think before you act, then do it anyway - even if it doesn't feel right
☐ c) If you don't feel comfortable, you shouldn't do it. Tell your friend how you are feeling



5. We make decisions every day. The decisions we make:
- ☐ a) Only affect others
 - ☐ b) Affect ourselves and others
 - ☐ c) Only affect ourselves
6. If you need help in making a decision who should you ask?
- ☐ a) Google. The internet can answer anything!
 - ☐ b) Nobody. Most decisions aren't important anyway
 - ☐ c) Older people or people you trust
7. When making difficult decisions it is important to:
- ☐ a) Act before you think
 - ☐ b) Do nothing
 - ☐ c) Think before you act
8. Making decisions can lead to:
- ☐ a) Short term consequences only
 - ☐ b) Immediate and long term consequences
 - ☐ c) No consequences at all